



**Sustrans Community Path Clearance Project in partnership with Abingdon Green Gym - Daisy Bank Path**

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**Key Information and Session Plan**

This project will involve the clearance of litter and overhanging and encroaching vegetation along the urban Daisy Bank Community Path in Abingdon. It aims to bring the community together to take ownership of maintaining this key route.

Things to note:

- All tools will be provided
- Children under 16 accompanied by a responsible adult are most welcome
- All sessions will begin at the time stated at the meeting place stated unless notified otherwise

You need to:

- Bring your own gloves upon attending a session
- Wear weather appropriate clothing and sturdy boots or wellies upon attending a session
- Ensure your tetanus inoculation is up to date upon attending a session
- Bring your own coffee/tea/biscuits for the break upon attending a session
- Become an Abingdon Green Gym member if you are not one already (this is for liability purposes and if you are planning on bringing along a child under 16 please also apply for them to be a member separately)
  - Please email [abingdon.green.gym@googlemail.com](mailto:abingdon.green.gym@googlemail.com) and you will receive two membership forms to complete and then send back (this will only take around 5 minutes)
- Fill in the poll below to notify the project and session leaders of the sessions you can attend so we have an idea of numbers.
  - <https://doodle.com/meeting/participate/id/dwpPGgme>
- Notify the project leader (Nadine) directly and cc in the relevant Abingdon Green Gym leader to let them know if you said in the poll you could attend, but now cannot.

Project Leader (aims to attend every session):

Nadine Matough  
Liveable Cities and Towns Coordinator, Oxfordshire, Sustrans  
E: [nadine.matough@sustrans.org.uk](mailto:nadine.matough@sustrans.org.uk),  
07708835150 (During working hours 9am-5pm)

All session leaders are qualified first aiders and qualified to run these sessions and support others in using the required tools. Precautions have been covered.

Session Leader Name	Phone Number	Email
Arian Thorn (Abingdon Green Gym)	07495 623 468	aeathorn1@hotmail.com
Eleanor Dangerfield (Abingdon Green Gym)	07931 363 465	eledanger@hotmail.com

**Session plan on next page**

## Session Plan

Location: Daisy Bank Community Path, Abingdon, Oxfordshire

Meeting Point: On the section of path at the end of Reade Ave

Please see the what3words link for meeting point: <https://w3w.co/acute.runs.stage>

This will be the meeting point unless stated otherwise, if you cannot find us on the day, please feel free to message the project leader or walk along the path until you spot us!

Specific activity and which sections we will specifically work on will be stated in a verbal brief at the beginning of every session.

Session Date	Session Time	Leader
Friday 17 <sup>th</sup> June	9:30am-12:30pm with a break at 11am	Arian Thorn (Abingdon Green Gym)
Tuesday 26 <sup>th</sup> July	9:30am-12:30pm with a break at 11am	Arian Thorn (Abingdon Green Gym)