



Abingdon Integrated Youth Support Project (AIYSP)

TAB progress report
April 2023 – March 2024



The mission

The focus is to work with the Town council and our community partners to develop youth led community wellbeing initiatives, that support the most vulnerable and disconnected. We will do this by:

- *Creating opportunities to increase social and community Inclusivity*
- *Ensuring 'youth voice' is heard and influences local policy and decision making*
- *Delivering community leadership, Targeted and Open access opportunities for the young people across Abingdon*

Successful Open access and Targeted interventions (ringfenced for only this project with the town council)



1 to 1 Counselling



psychoeducational group work



1 to 1 wellbeing support



Educational workshops



Outreach programmes



Gym projects



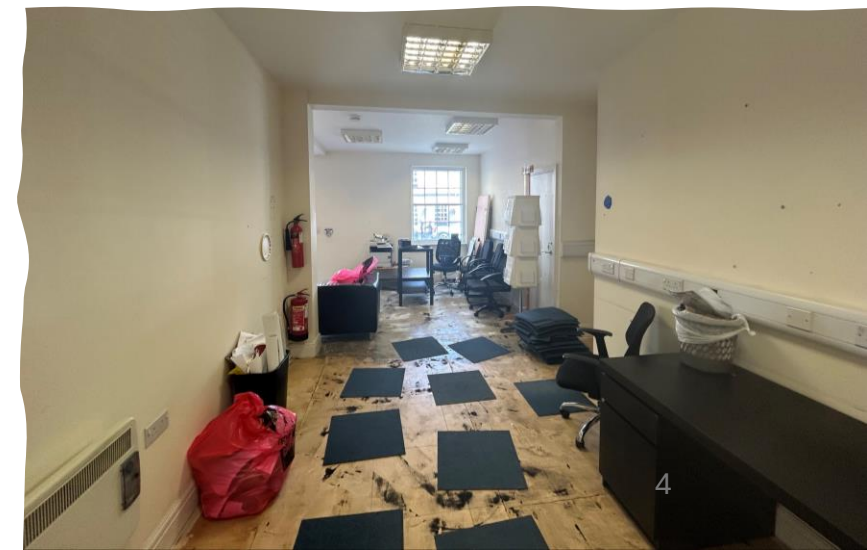
Town Youth Ambassador programme



Community leadership programmes

Open access and Safe Spaces

- Your funding has enabled us to support **126** different young people through our open access and safe space.
- We now have three community drop in spaces per week across Abingdon (North and 2 x Town with a view of setting up a South Abingdon Space using the carousel) over **200** hours of safe space has been provided
- Relaunch of 19 bridge street (developed by the town youth Ambassadors)



Abingdon Town Youth Ambassadors

- Supporting the next generation through peer mentoring, volunteering at the open access centres
- Shaping TAB and the Towns wider youth strategy
- Focus groups on key themes and important topics including (positive community engagement, Risky behaviours and healthy relationships)
- **166** hours of youth Volunteer support



Outreach initiates

- Our team are out on the streets across Abingdon 2 x weekly - **88** hours on the streets of Abingdon
- Over the last year we have engaged **234** different young people.
- We have identified and engaged several groups in hot spot areas. This has illuminated various issues and challenges – Drugs and Alcohol misuse, risky behaviours, lack of belonging and positive interaction and much more

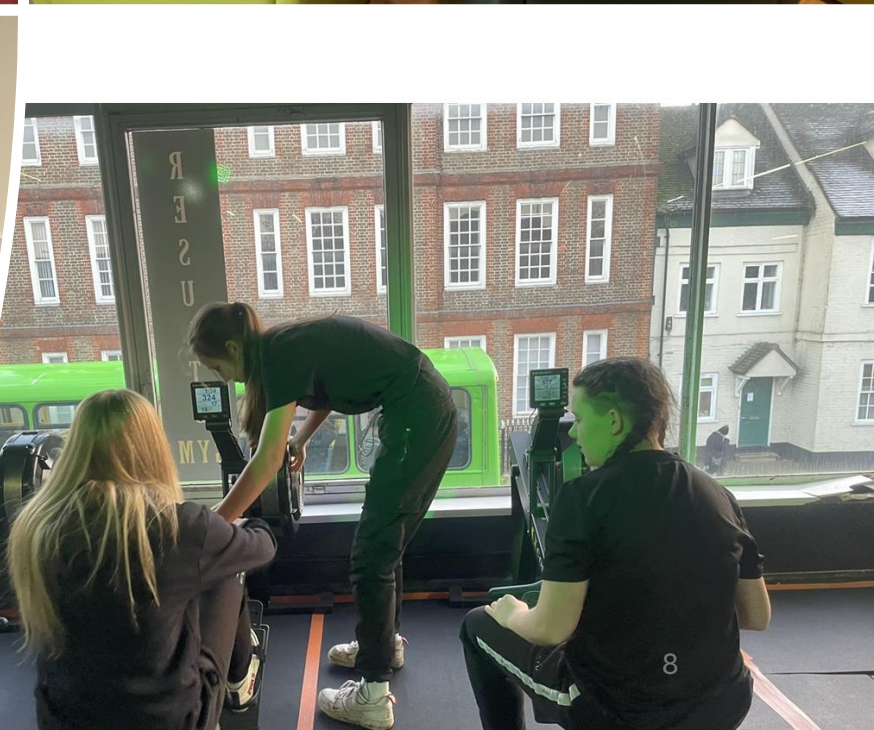


Developing Community partnerships



Wellbeing support

- 27 different young people supported through 1-1 support
- 35 young people supported through psychoeducational group work
- 30 different young people supported through our gym projects
- Over 400 healthy meals for young people



The funding you've provided has helped us to deliver life changing work



“The workshop on risky behaviors has taught me lots - but especially from having Evie the youth ambassador there is what I will take away. Her life stories and experiences is what I learn the most from” Year 10 student Sam

“Being apart of TAB’S future directions conference as a youth ambassador gave me a space to share and reflect on my journey and gave me the confidence to speak to a room full of people and really connect with my peers and all the other people in the room” Taylor Youth Ambassador

“the drop ins are such a life line for me every week – knowing I can see my friends and the staff every week if I need help or just want to connect means a lot to me” Maddie 17

“The counselling has really helped me, my mum died of cancer 2 years ago and o wasn’t coping well, if I hadn’t of been able to start to process the grief with the counselling you provide I don’t know where id be today” Tom 16

Outcomes in total over 400 different young people engaged

Outcome 1- Young people show increased resilience and are less likely to participate in risky behaviours. 81% recorded improvement (2023-2024)

Outcome 2- Young people will have improved aspirations and report to be more confident about their futures. 72% recorded improvement (2023-2024)

Outcome 3- Young people will have a greater sense of their emotional wellbeing and will be less anxious and stressed. 87% recorded improvement (2023-2024)

2024 to 2025 Act, Belong, Commit (ABC)

- We want to develop our ABC community model
- Create more focus groups and collaborative opportunities with the Town council
- Train and develop a further 8 youth Ambassadors
- Help lead and design a new Abingdon Town Youth Strategy – this will be dependent on finding the funding to create new job post (sent to Town council reps)
- Continue the tried and tested interventions that we know make a difference
- We currently need to raise a further £30,000 to fund a town youth lead. With your support this can be achieved.

We are proud of our Partnership
thank you

