



## Abingdon-on-Thames Town Council

# Community grant application form - part A

Please ensure you complete all of this form and Part B and send:

- ☐ forms A and B
- ☐ your organisation's last set of accounts
- ☐ the most recent bank statement

to [enquiries@abingdon.gov.uk](mailto:enquiries@abingdon.gov.uk).

## 1. About your organisation

**Name of the organisation requesting the grant**

One-Eighty

**Please state briefly what the purpose of your organisation is**

One-Eighty has over 12-years' experience working directly with vulnerable young people with profound and complex needs, who would not otherwise receive a suitable education.

Our purpose is to support young people (aged 4-18) who are persistently absent from school to return to education through the delivery of intensive interventions, and preventative mental health projects. These young people often struggle with multiple complex needs including; mental health conditions; experiences of trauma; bereavement; exploitation or domestic violence; and often they live with neurodiversity. Many have not regularly attended school for a number of months, sometimes years. Without our support, they will continue to be absent from education, leading to pathways including permanent exclusion, criminality or acute mental health needs, potentially affecting the rest of their lives.

## 2. Your grant request

Please describe the project for which the grant is needed.

There are three aspects to our work:

1. Intensive 1:1 interventions
2. Preventative mental health projects to support wellbeing at an earlier age

3. Training and therapeutic supervision for professionals working with vulnerable young people

Over the past two years, referrals to One-Eighty have tripled in line with the dramatic increase in the number and complexity of children and young people's mental health needs. In a recent NHS England Report – The Mental Health of Children and Young People in England 2023, an increasing number, now 1 in 5 young people, aged 8-25 years old have a probable mental health disorder - around 20% of children in every primary school.

To reach more young people, where funding may be a barrier to accessing our services, we wish to provide charitably funded interventions. This will specifically fund young people who are affected by poverty, debt or unemployment – a key driver of health inequalities.

For example, this project may support a referrer with additional funding when they are unable to secure the full amount needed for the intervention or enabling a young person to extend the number of sessions beyond the initial intervention due to the progress they have made. A typical tailored intensive one-to-one intervention is 8 weeks with 2-3 sessions per week. The funding of this project would support 2 young people with a full 8-week intervention, or subsidise sessions across 5 to 8 young people who require extended support. This funding would be specific to young people we are working with in Abingdon who are of school age.

**Young Person Story:**

George, aged 7, who is based in Abingdon was on the child protection register and was in foster care. He had a diagnosis of ADHD/ASD, emotional regulation and behavioural problems. There had been previous known neglect in his life and evidence of a traumatic event. One-Eighty worked with George and his carer for 8 weeks, working on his self-regulation and executive functions so that he could prepare himself mentally and physically for school. We also worked with his carer on their self-regulation strategies. The relationship between George and his carer improved and the carer also notice positive outcomes in relation to their targets of getting George ready and prepared to go to school, improving his ability to engage.

**What is the total cost of the project**

£6240

**How much grant are you seeking**

£5000

**What percentage of the total cost of your project are you seeking via this grant**

78%

**How do you plan to raise the rest of the money for your project**

We will be seeking funding from the relationships we are building within the Abingdon area to meet the demand and needs for vulnerable young people who require One-Eighty's specialism. This is through other Trusts/Foundation.

**Please show roughly how the costs of the project are broken down**

Item	Detail	Cost for 32 sessions
Staff time	Planning	£729.60
	Travel	£2,188.80
	Session	£1,459.20
	Write up	£729.60
	Professional liaison	£364.80
Fuel costs	Fuel costs @45p per mile average 40 miles per session	£576
Resources	Resources to support sessions	£192
	Total	£6,240
	Grand total	£6240

**What fund-raising have you undertaken for this project or others in the past 2 years**

Quiz night November 2023

Blenheim 7k 2023

Applications for grants to George Oliver Foundation, Masonic Centenary Fund, Stanton Ballard Trust

### 3. Local benefit.

**How many people take part in your organisation's activities? Give local branch numbers if you are a national organisation.**

<b>As members</b>	N/A
<b>As recipients</b>	We currently have 6 Young people for 2-3 sessions for 8 weeks who are located in Abingdon rising to 9

**Please fill in the table below relating to numbers of members and/or recipients falling into each category. Estimates are acceptable provided an "e" is put after the figure.**

<b>Age profile</b>	<b>4-18</b>		
- Members	N/A		
- Recipients	All		

<b>Gender profile</b>	<b>Male</b>	<b>Female</b>
- Members		
- Recipients		

<b>Local connection</b>	<b>Town resident</b>	<b>Attend education in town</b>	<b>Neither resident nor attending education in town</b>
- Members	x	x	
- Recipients	All	All	

### 4. Vision and objectives

Please explain how your project will meet the town councils vision and objectives, which are set out below. **You do not need to respond to each point** but it is important that your project addresses the town council's vision and at least one objectives.

#### 4a. Vision

**To develop an inclusive community so that Abingdon is the place where everyone wants to live and where the wellbeing of residents is prioritised. In developing this community, the town will be one which is environmentally sustainable, vibrant, resilient and safe.**

Typically, young people are excluded, or are on the verge of exclusion from school when we meet them. Many have not regularly attended school for many months, sometimes years. Without our support, they will continue to be absent from education, leading to pathways including permanent exclusion, criminality or acute mental health needs potentially affecting the rest of their lives.

By the time we receive a referral, families have often exhausted other professional support available to them with little or no success. The young person is likely to have been supported by many of the following; their family; Teacher; Teaching Assistant; SENCo; School Nurse; Foster Carer; a Learning Mentor; an Education Psychologist; NHS support through CAMHS; Social Services and a designated Social Worker; Local Authority support through Learner Engagement Services or similar. At the time of referral, the young person's mental health needs have often significantly declined – they are absent from their family unit, education, and their local community. The young person and family members have lost hope – they see us as their last chance.

“Zoe, in Year 5, was disengaging from education. She had low self-esteem, struggled with peer relationships and was resistant to change. At our first home visit, we also identified wider family/ safeguarding concerns including hoarding, unmet mental health needs, unmet neurodiversity, conflict in the home and poverty. Despite resistance by Zoe's Mum to having any additional services involved other than One-Eighty staff, we immediately made a Multi-Agency Safeguarding Hub (MASH) referral. This enabled whole-family support. Our work with Zoe and her Mum continued and working in partnership with other services, we were able to prevent Zoe and her brother ending up on child protection. An Educational Psychologist has assessed Zoe and support put in place. Her relationships with peers have significantly improved and she is socialising out of school – her self-confidence has grown. Their living situation has improved – the house cleared. Zoe's brother has also made improvements in school. Zoe's Mum shared that One-Eighty gave her a voice and the confidence to seek help – *“I can't begin to think what family life would look like if One-Eighty hadn't got involved.”*

Working across Oxfordshire, Buckinghamshire, and West Berkshire, we creatively reach young people in the care of the Local Authority or on the edge of care, and young people with mental health and wellbeing needs that affects their behaviour, relationships, and their ability to learn and engage with education. Our work supports young people who experience vulnerabilities and challenges including poor school attendance, known neglect or abuse, attachment difficulties, mental health problems, truancy, living with Autism or ASD, behavioural problems, or evidence of traumatic incidents in childhood.

Without our support, these young people will continue to be absent from education, leading to pathways including permanent exclusion, criminality, or acute mental health needs, potentially affecting their lives into adulthood. Our CEO and co-founder, Susie Besant, set-up One-Eighty after working in the Youth Offending Service, identifying that with earlier support, young people could avoid these pathways.

## 4b. Objectives

1. **To respond effectively and speedily to the climate emergency**

x

2. **To develop a resilient, sustainable town which will provide a home for residents now and in the future**

x

3. **To manage the Council's assets efficiently and effectively to meet for the needs of the community now and in the future**

Yes, we will use the Council's assets to improve the lives of children and young people who have complex mental health and education needs (SEND) within Abingdon. Our support offers preventative and early intervention support in a way that no other organisation delivers. Our Social Return On Investment figure (over £11 per every £1 invested) evidences that our services are of significant value.

4. **To work with community partners to support those who are vulnerable and in need and to create opportunities to increase social inclusivity**

Yes, we work with the young person's family; Teacher; Teaching Assistant; SENCo; School Nurse; Foster Carer; a Learning Mentor; an Education Psychologist; NHS support through CAMHS; Social Services and a designated Social Worker; Local Authority support through Learner Engagement Services or similar. We work together to help the young person to engage with their education.

Furthermore, we work with other organisations and partners in collaborations such as The Abingdon Bridge (TAB), OX14 Partnership, and locally-focused Trusts/Foundation to ensure we prioritise the needs of the local community.

## 5. Other/previous grant awards

**Please provide details of any grant awards you have received from the town council, other councils or large organisations that you have received in the past three years**

The Rothschild  
PF Charitable Trust  
Bartlett Taylor  
Thames Valley Police Community Fund  
Swire Foundation  
Shanly Foundation

**Please list any grant applications to other councils or bodies which are currently pending**

Garfield Weston  
George and Esme Pollitzer  
Haramead Trust  
Late St Patrick White  
Stanton Ballard  
Lennox Hannay Charitable Trust  
James Cowper Kreston Foundation

## 6. About your organisation

**Please explain what structure your organisation has, i.e. is it a charity, a society, or another type of model**

UK registered charity 1147546  
Registered Company Limited by guarantee 7745178

**What is the balance of your main account according to the most recent bank statement?**

£129,905.60.

### Additional financial information

**Does your organisation have any other finances held in other accounts?**

Yes savings account

**If so, please provide full details of all your additional finances, including recent figures.**

£94,401.16

**If these funds are earmarked for any specific projects, please provide further information about this.**

Some is restricted for specific projects such as the School Partnerships, Charitably Funded Interventions i.e. Rothschild funding, local authority contracts for young people with complex needs, and

our other preventative mental health projects i.e. Kick Start and Make me smile. We employ 25 staff and run a large office space in Oxford.