



## Abingdon-on-Thames Town Council

# Community grant application form - part A

Please ensure you complete all of this form and Part B and send the following information to [enquiries@abingdon.gov.uk](mailto:enquiries@abingdon.gov.uk):

- forms A and B, completed in full
- your organisation's last set of accounts
- the most recent bank statement for your organisation, which should match the payment information on form B

## 1. About your organisation

Name of the organisation requesting the grant

Be Free Young Carers

Please state briefly what the purpose of your organisation is

To enable Oxfordshire's young carers to achieve their full potential by delivering a far-reaching developmental and emotional support network of people and resources in their daily lives, their schools and communities.

## 2. Your grant request

Please describe the project for which the grant is needed.

A key service that we offer to young carers is our 1-2-1 emotional support. Our senior youth workers meet on a 1-2-1 basis with young carers who require support with their mental health. We have identified that 94% of our young carers struggle with their mental health – indicating a need for this support. These sessions take place in the young carers school as many young carers may not be able to have the time when they are having to do their caring responsibilities. Providing this support gives young carers a trusted individual to talk to about their experiences, manage their stress and develop coping strategies tailored to their unique situations. This support fosters emotional resilience and well-being, enabling young carers to balance their caregiving responsibilities with personal growth and development.

"I really appreciate everything you're doing with L. it's so nice to start seeing and him understanding things better to help cope with things, it's nice he's opening up"

<b>What is the total cost of the project</b>	<b>£40,250.67</b>
<b>How much grant are you seeking</b>	<b>£10,000</b>
<b>What percentage of the total cost of your project are you seeking via this grant</b>	<b>25%</b>
<b>How do you plan to raise the rest of the money for your project</b>	<b>Donations, Fundraising, Grants, Trusts and Corporates.</b>
<b>Please show roughly how the costs of the project are broken down</b>	<b>Salary for youth worker, travel costs to get to schools, training for youth workers, utilities, laptops and partial cost of CPOMS our CRM.</b>
<b>What fund-raising have you undertaken for this project or others in the past 2 years</b>	<b>We are constantly applying to grants and trusts for funding. We have built corporate fundraising connections including an ongoing partnership with Said Business School and David Wilson Homes. We had a successful experience with London Landmarks Half Marathon in 2023 and are looking to have participants taking place again in 2024.</b>

### 3. Local benefit

<b>How many people take part in your organisation's activities? Give local branch numbers if you are a national organisation.</b>	<b>As members</b>	
	<b>As recipients</b>	<b>757 registered young carers and 591 active young carers</b>

Please fill in the table below relating to numbers of members and/or recipients falling into each category. Estimates are acceptable provided an "e" is put after the figure.

<b>Age profile</b>	<b>0-16</b>	<b>16-65</b>	<b>over 65</b>
- Members			
- Recipients	650	107	

<b>Gender profile</b>	<b>Male</b>	<b>Female</b>
- Members		
- Recipients	251	340

Local connection	Town resident	Attend education in town	Neither resident nor attending education in town
- Members			
- Recipients	95	43	619

## 4. Vision and objectives

Please explain how your project will meet the town councils vision and objectives, which are set out below. **You do not need to respond to each point** but it is important that your project addresses the town council's vision and at least one objective.

### 4a. Vision

**To develop an inclusive community so that Abingdon is the place where everyone wants to live and where the wellbeing of residents is prioritised. In developing this community, the town will be one which is environmentally sustainable, vibrant, resilient and safe.**

Be Free Young Carers 1-2-1 emotional support contributes significantly to developing an inclusive community in Abingdon by addressing the unique challenges faced by young carers, helping them manage stress, build self-esteem, and foster a sense of belonging. This personalised support enhances the overall wellbeing of young carers and encouraging their participation in community activities.

### 4b. Objectives

1. **To respond effectively and speedily to the climate emergency**

We are working to integrate sustainability practices and ecofriendly activities into our approach. We have worked to reduce our waste and become a paper free environment. Our youth workers aim to set a positive example of sustainability with our young carers. We promote the environment and nature throughout our trips and are having discussions with other organisations who can support us in providing this guidance.

2. **To develop a resilient, sustainable town which will provide a home for residents now and in the future**

A key objective of the charity is to promote emotional resilience with young carers and supporting them to thrive in their future and subsequently contributing to the Abingdon community.

3. **To manage the Council's assets efficiently and effectively to meet for the needs of the community now and in the future**

Funding for our 1-2-1 emotional wellbeing services will support individuals within the community that are vulnerable. Supporting the mental wellbeing of young carers is very important and will support the development of the community in the future.

- To work with community partners to support those who are vulnerable and in need and to create opportunities to increase social inclusivity**
- 4.

When attending schools to deliver 1-2-1 emotional support our youth workers are able to spread awareness with local schools. Therefore, council resources will be used to support a greater understanding in schools and supporting the wider community in how they support young carers.

We will work with schools within the community to facilitate support for the mental wellbeing for the vulnerable young carers who require additional mental health support. Supporting these individuals will provide them with the tools to support their wellbeing and access this support within schools. In creating connections with schools, we will be able to spread awareness of young carers and therefore support the social support they are offered within schools.

## 5. Other/previous grant awards

**Please provide details of any grant awards you have received from the town council, other councils or large organisations that you have received in the past three years**

Abingdon Town Council 2023 - £10,000  
Henley Town Council Large Grant Scheme - £20,000  
Wantage Town Council - £7,000  
Didcot Town Council - £5,000  
Farringdon Town Council - £3,000  
Oxford City Councils Small Grants programme - £5,000  
Henly Town Council - £1,000  
Masonic Charitable trust - £15,000  
Christ Hospital - £10,000

**Please list any grant applications to other councils or bodies which are currently pending**

Witney Town Council  
Thame Charities

## 6. About your organisation

**Please explain what structure your organisation has, i.e. is it a charity, a society, or another type of model**

Be Free Young Carers in a charity made up of a team of trustees, staff and volunteers.

**What is the balance of your main account according to the most recent bank statement?**

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### **Additional financial information**

**Does your organisation have any other finances held in other accounts?**

We have a CAF Cash account and a current account, one feeds into the other.

**If so, please provide full details of all your additional finances, including recent figures.**

Min balance on cash account of £400.

**If these funds are earmarked for any specific projects, please provide further information about this.**

We are in the middle of expanding the current area that we cover, and these funds are to enable us to continue our expansion into West and North Oxfordshire in the future in order to assist more young carers. We further have designated reserves which would, if needed, allow the charity to gracefully shut down and cover our outstanding loan to Guidepost trust.

## **7. Reporting back on your grant**

Organisations receiving a grant from the town council are required to provide a written report on their event or project within twelve months of the award date. The report should detail how the funds were spent and how residents of Abingdon are benefitting. The report may be included in any town council publicity, including the website or the Town Crier magazine.

### **Declaration**

**I declare that the information given in this grant application, both parts A and B, is complete and accurate and that no relevant information has been omitted.**

**I agree that the organisation receiving the grant will report back to the town council within 12 months of the award of this grant on how it has been used.**

**Signature**



**Name**

Miss Hannah Waugh

**Position with organisation**

Fundraising Coordinator

**Date**

04.06.2024

